

Psycho educational games

Porcia, 16th March 2017





Psycho educational games

- With children, adults and groups
- Different approach with adults



Hoops, balls and baskets

- Different
 - sizes
 - textures
 - colors
 - materials
 - categories

Hoops



Balls



Hoops

- For balance and body awareness
- Correct posture
- Body parts recognition
- Coordination eye/hand
- Colors recognition
- Coordination color/action
- Planning of subsequent actions
- Attention span

Hoops

- Examples



Balls

- Coordination eye/hand
- Colors recognition
- Size discrimination
- Tactile stimulation
- Frustration management
- Social interaction
- Hand muscle exercise
- Motor abilities

Balls

- Examples



Baskets

- Decision making
- Category recognition
- Story telling
- Color discrimination

Baskets





Therapeutical Riding

- Tasks linked to the letters
- Recognition letters/pictures
- Verbal stimulation linked to letters (Animals with A, things with A....) and colors

Therapeutical Riding



Therapeutic Riding

- Examples





Psycho educational vaulting

- Social interaction
- Social inclusion
- Frustration management in a social context (responding to the fewer abilities of other members of the group...)
- Motor abilities (running, following the horse, following the teacher, somersaults ...)
- Body awareness in a wider context (in relation to the horse, materials and friends)

Psycho educational vaulting

- Examples





Psycho educational group

- Evaluation of the members:
 - Different abilities
 - Different ages
 - Different developmental stages
 - Attention span
 - Support needed
 - Individual objectives
 - Risks

Psycho educational group

